

# PRODUCT DATA SHEET

## MELATON-5

### DESCRIPTION

Dietary Supplement

### Melaton-5™

#### Supplement Facts

Serving Size: One Capsule Servings Per Container: 60

Each Capsule Contains:	% DV
Melatonin	5 mg. *

\*Daily Value (DV) not established.

Other Ingredients: Magnesium Citrate,<sup>†</sup> Hypromellose (derived from cellulose) capsule, Leucine,<sup>†</sup> Silicon Dioxide.<sup>†</sup>

<sup>†</sup>A hypoallergenic ingredient used to fill space.

### SF780 / 60 Vegetarian Capsules

### EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

### HOW SUPPLIED

Melaton-5 is supplied in bottles of 60 two-piece vegetarian capsules. Packed 12 bottles per case.

### CONTRAINDICATIONS AND WARNINGS

Melatonin may exacerbate mania in patients with mania and bipolar disease.

High-dose Melatonin (75 and 300 mg daily), when combined with the synthetic progestin, may suppress luteinizing hormone surge.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

### INTERACTIONS

No known adverse interactions at publication date.

### PREGNANCY WARNING

A woman who is pregnant, or might become pregnant, should not use Melatonin. Melatonin is specifically contraindicated during pregnancy.

### DOSAGE

Adult patients: 1 capsule at bedtime, or as otherwise directed by a health-care practitioner.

### STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

### MANUFACTURED BY

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they are raising their standards  
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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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